

**HONG KONG AGE GROUP SHORT COURSE
SWIMMING CHAMPIONSHIPS 2017-2018**
二零一七至二零一八年香港短池分齡游泳錦標賽

(DAY ONE) 第一日

Date: 9 March 2018 (Fri) **Venue:** Shing Mun Valley Sw. Pool
城門谷游泳池

Warm up: 17:00 – 17:45 hrs **Start:** 18:00 hrs

GIRLS 女

BOYS 男

1	13 & 14 Yrs	800M	FREESTYLE 自由泳	-
-	13 & 14 Yrs	1500M	FREESTYLE 自由泳	2
3	15 - 17 Yrs	800M	FREESTYLE 自由泳	-
-	15 - 17 Yrs	1500M	FREESTYLE 自由泳	4
5	18 Yrs & Over	800M	FREESTYLE 自由泳	-
-	18 Yrs & Over	1500M	FREESTYLE 自由泳	6

截止註冊日期 CLOSING DATE FOR REGISTRATION: **26 January 2018 (1700hrs)**

截止報名日期 CLOSING DATE FOR ENTRIES: **15 February 2018 (1600hrs)**

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(DAY TWO) 第二日

Date: 10 March 2018 (Sat) **Venue:** Shing Mun Valley Sw. Pool
城門谷游泳池

AM Warm up: 08:00 – 08:45 hrs **Start:** 09:00 hrs

PM Warm up: 13:00 – 13:45 hrs **Start:** 14:00 hrs

GIRLS 女

BOYS 男

7	10 Yrs & Under	100M	Freestyle	自由泳	8
9	11 & 12 Yrs	100M	Freestyle	自由泳	10
11	13 & 14 Yrs	100M	Freestyle	自由泳	12
13	15 To 17 Yrs	100M	Freestyle	自由泳	14
15	18 Yrs & Over	100M	Freestyle	自由泳	16
17	10 Yrs & Under	100M	Breaststroke	蛙泳	18
19	11 & 12 Yrs	100M	Breaststroke	蛙泳	20
21	13 & 14 Yrs	100M	Breaststroke	蛙泳	22
23	15 To 17 Yrs	100M	Breaststroke	蛙泳	24
25	18 Yrs & Over	100M	Breaststroke	蛙泳	26
27	11 & 12 Yrs	200M	Butterfly	蝶泳	28
29	13 & 14 Yrs	200M	Butterfly	蝶泳	30
31	15 To 17 Yrs	200M	Butterfly	蝶泳	32
33	18 Yrs & Over	200M	Butterfly	蝶泳	34
35	10 Yrs & Under	100M	Ind. Medley	個人四式	36
37	11 & 12 Yrs	100M	Ind. Medley	個人四式	38
39	13 & 14 Yrs	100M	Ind. Medley	個人四式	40
41	15 To 17 Yrs	100M	Ind. Medley	個人四式	42
43	18 Yrs & Over	100M	Ind. Medley	個人四式	44
45	12 Yrs & Under	4 X 50M	Free Relay	自由接力	46
47	13 Yrs & Over	4 X 50M	Free Relay	自由接力	48
— Lunch Break —					
49	13 & 14 Yrs	400M	Ind. Medley	個人四式	50
51	15 To 17 Yrs	400M	Ind. Medley	個人四式	52
53	18 Yrs & Over	400M	Ind. Medley	個人四式	54
55	10 Yrs & Under	50M	Butterfly	蝶泳	56
57	11 & 12 Yrs	50M	Butterfly	蝶泳	58
59	13 & 14 Yrs	50M	Butterfly	蝶泳	60
61	15 To 17 Yrs	50M	Butterfly	蝶泳	62
63	18 Yrs & Over	50M	Butterfly	蝶泳	64
65	11 & 12 Yrs	200M	Backstroke	背泳	66
67	13 & 14 Yrs	200M	Backstroke	背泳	68
69	15 To 17 Yrs	200M	Backstroke	背泳	70
71	18 Yrs & Over	200M	Backstroke	背泳	72
73	10 Yrs & Under	200M	Freestyle	自由泳	74
75	11 & 12 Yrs	200M	Freestyle	自由泳	76
77	13 & 14 Yrs	200M	Freestyle	自由泳	78
79	15 To 17 Yrs	200M	Freestyle	自由泳	80
81	18 Yrs & Over	200M	Freestyle	自由泳	82
83	12 Yrs & Under	4 x 50m	Medley Relay	四式接力	84
85	13 Yrs & Over	4 x 50m	Medley Relay	四式接力	86

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(DAY THREE) 第三日

Date: 11 March 2018 (Sun) **Venue:** Shing Mun Valley Sw. Pool
城門谷游泳池

AM Warm up: 08:00 – 08:45 hrs **Start:** 09:00 hrs

PM Warm up: 13:00 – 13:45 hrs **Start:** 14:00 hrs

GIRLS 女			BOYS 男		
87	10 Yrs & Under	100M	Backstroke	背泳	88
89	11 & 12 Yrs	100M	Backstroke	背泳	90
91	13 & 14 Yrs	100M	Backstroke	背泳	92
93	15 To 17 Yrs	100M	Backstroke	背泳	94
95	18 Yrs & Over	100M	Backstroke	背泳	96
97	10 Yrs & Under	50M	Freestyle	自由泳	98
99	11 & 12 Yrs	50M	Freestyle	自由泳	100
101	13 & 14 Yrs	50M	Freestyle	自由泳	102
103	15 To 17 Yrs	50M	Freestyle	自由泳	104
105	18 Yrs & Over	50M	Freestyle	自由泳	106
107	10 Yrs & Under	200M	Ind. Medley	個人四式	108
109	11 & 12 Yrs	200M	Ind. Medley	個人四式	110
111	13 & 14 Yrs	200M	Ind. Medley	個人四式	112
113	15 To 17 Yrs	200M	Ind. Medley	個人四式	114
115	18 Yrs & Over	200M	Ind. Medley	個人四式	116
117	10 Yrs & Under	50M	Breaststroke	蛙泳	118
119	11 & 12 Yrs	50M	Breaststroke	蛙泳	120
121	13 & 14 Yrs	50M	Breaststroke	蛙泳	122
123	15 To 17 Yrs	50M	Breaststroke	蛙泳	124
125	18 Yrs & Over	50M	Breaststroke	蛙泳	126
127	Stairstep 梯級接力	4 X 50M	Medley Relay	四式接力	128
– Lunch Break –					
129	10 Yrs & Under	100 M	Butterfly	蝶泳	130
131	11 & 12 Yrs	100M	Butterfly	蝶泳	132
133	13 & 14 Yrs	100M	Butterfly	蝶泳	134
135	15 To 17 Yrs	100M	Butterfly	蝶泳	136
137	18 Yrs & Over	100M	Butterfly	蝶泳	138
139	10 Yrs & Under	50M	Backstroke	背泳	140
141	11 & 12 Yrs	50M	Backstroke	背泳	142
143	13 & 14 Yrs	50M	Backstroke	背泳	144
145	15 To 17 Yrs	50M	Backstroke	背泳	146
147	18 Yrs & Over	50M	Backstroke	背泳	148
149	11 & 12 Yrs	200M	Breaststroke	蛙泳	150
151	13 & 14 Yrs	200M	Breaststroke	蛙泳	152
153	15 To 17 Yrs	200M	Breaststroke	蛙泳	154
155	18 Yrs & Over	200M	Breaststroke	蛙泳	156
157	11 & 12 Yrs	400M	Freestyle	自由泳	158
159	13 & 14 Yrs	400M	Freestyle	自由泳	160
161	15 To 17 Yrs	400M	Freestyle	自由泳	162
163	18 Yrs & Over	400M	Freestyle	自由泳	164
165	Stairstep 梯級接力	4 X 50M	Free Relay	自由接力	166